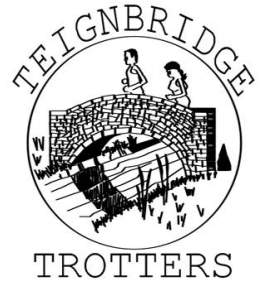




# Haytor Heller 2025

ARC Permit No. 25/0279 — held under ARC rules

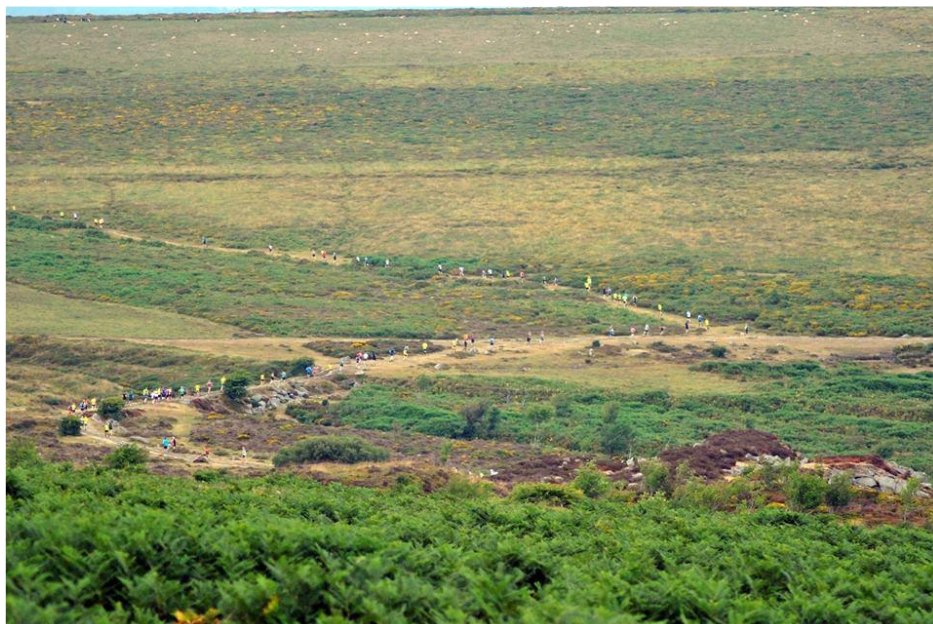
**Saturday 6<sup>th</sup> September 5pm**



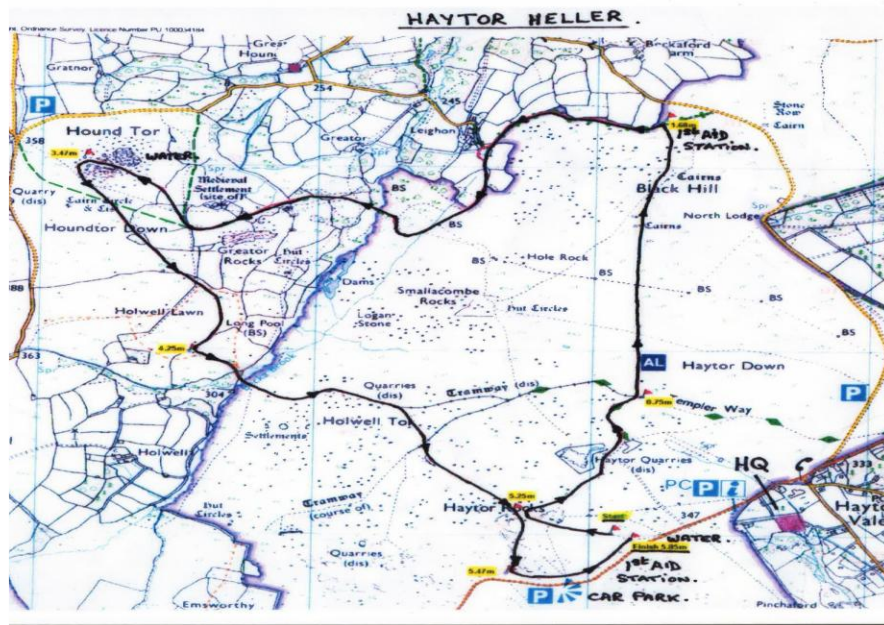
**Thank you for entering the 39th Haytor Heller. If you've run this race before, then it's great to see you back again; if it's your first time, I hope you've done some hill training beforehand! Please come to Race HQ on the day to pick up your number.**

If you have any questions about the Haytor Heller, please contact me at [haytorheller@teignbridgetrotters.co.uk](mailto:haytorheller@teignbridgetrotters.co.uk)

Kim Knight  
Race Director



# The Course



This popular, well established moorland race, now in its 39th year, starts below Haytor Rock and follows a hilly, single lap route before returning once again to Haytor Rock with a fast downhill scamper to the finish opposite the middle car park at Haytor.

The course is approximately 6 miles and is challenging, with several steep ascents and descents and is generally run across rugged, open moorland, apart from two sections through woodland; firstly below Hound Tor and secondly below Haytor and includes a stream crossing. The course is completely off-road, passing through private land.

**NOTE:** Please follow the marshal's instructions and any markers at all times. Please don't leave litter anywhere on the course.

We'd like to say a **BIG** thank you to our sponsors Sibelco, M I Plant and Ocean Physio and Rehab. Without the help of our sponsors, the event wouldn't be such a success.





## Race brief.....

Please adhere to the Country Code and note that dogs will not be allowed to accompany runners, nor likewise will any following cyclists.

Please keep to existing tracks over Black Hill.

Where the course is marked (from Becka Brook up to Holwell Tor), please keep to the track. The course will be marshalled by experienced marshals — please follow their instruction. This event is not suitable for wheelchairs, prams or pushchairs.



Drinks will be available at Hound Tor (approx. 4 miles) and at the finish. First aid cover is provided by Devon First Aid. You're in safe hands!

**Please be aware that the use of all types of headphones is not permitted; any-one found wearing them will be disqualified from the race.**

There is a cut-off time of one hour at Hound Tor. If you fail to make the cut off time you will be politely asked to withdraw from the race. A marshal will remove your race number and a lift back to the finish will be provided.

There will be a memento for each finisher which will need to be collected from Race HQ.

Photos will be available to download for free from our Trotters Race Page on Face-book.

**Please Note: Your race number must not be folded, cut or mutilated.** If you've entered the race but, for whatever reason, you're unable to run, we do allow transfers. We will be accepting number transfers on the day; please note there will be an administrative charge of £3 per transfer. Please come to Race HQ from 3.30pm on the day to complete the transfer form and pay the transfer fee.

Don't forget to join our Haytor Heller Facebook group! As the race gets closer, we'll post any updated information and pictures.

**Prize giving will take place at the Race HQ at 6.45pm in the following categories:**

1st, 2nd & 3rd Male overall;

1st, 2nd & 3rd Female overall;

1st & 2nd MU18/MV40/45/50/55/60 & 1st MV65/70;

FU18/FV35/40/45/50/55/60;

1st Male & 1st Female team (4 to count).

## Why not treat yourself to some Haytor Heller Merchandise?

Again this year we'll be selling technical t-shirts and hoodies at Race HQ.  
The t-shirts are £10 each and come in small, medium and large sizes:

The hoodies are £25 each and also come in small, medium and large sizes.



We also have Haytor Heller  
snoods & shoe bags for £5  
There'll be limited stock; once  
they're gone, they're gone!



**Although we can take  
card payments, please bring cash as the signal on  
Dartmoor is not always reliable!**



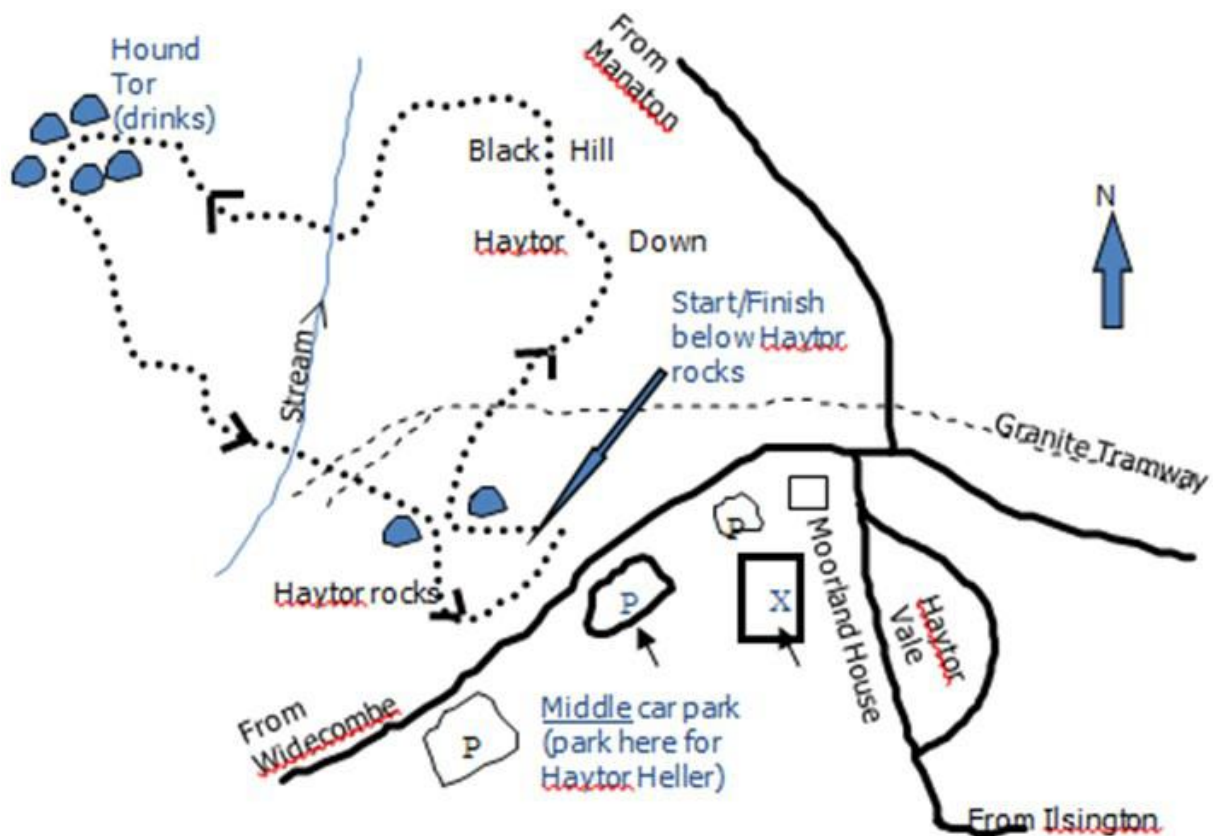


Some pictures from previous years races.



### How to get there...

From A38: Take A382 north off A38 at Drumbridges roundabout (signed Bovey Tracey). Go straight over first roundabout. At second roundabout turn left onto B3387 (signed Haytor). After half a mile, turn left (signed Haytor) and continue up hill (3 miles) to middle (2nd) car park below Haytor Rocks.



### When you get there...

Please park at the middle car park, Haytor which is adjacent to the start/finish; there'll be marshals at the car park to direct you. Dartmoor National Park have asked that we do not park at the lower car park by the Visitor Centre—there will be marshals there directing you to the middle car park and Upper car park. Parking after 6.00pm is free and you can use the following RINGO code up to 6.00pm 57409 (now the same code for all of the Haytor car parks)

Race HQ is once again in the Coach Park behind the Visitors Centre in the lower car park; the pedestrian entrance is via the lower car park. There are toilets there.

After, the race come along and enjoy tea and coffee and our famous Trotter Cakes. We're also firing up the barbeque! All can be found at Race HQ.

**See you at the Heller!**

**And finally, don't miss the other Teignbridge Trotters races this year....**





# TEIGNBRIDGE TROTTERS

## LADIES 10K



15-17 year olds run  
**FREE!**

**28.09.25**

Race Start 10AM

<https://tinyurl.com/TTLadies10k>





# TEMPLER TEN 2025

## SIBELCO TEMPLER TEN



## SUNDAY 5TH OCTOBER

11AM START

ALSO 1-MILE FUN RUN - 10:15AM START



ENTER HERE, VIA SIENTRIES:

[HTTPS://TINYURL.COM/TEMPLERTENSIGNUP](https://tinyurl.com/templertensignup)